

VARK Study Strategies Checklist

The VARK helps us better understand each student's learning preferences. The numbers reflect student preference for each learning style. Please review this checklist each week to ensure that you're responding to the results **if the student** has an **extreme** learning preference (e.g. **40% or higher**). At the same time, you may want to address some categories that are 12% or less. For example, students with a low "R/W" don't like to take notes but this doesn't mean that they shouldn't take notes in your session **or school**. In fact, you should help them develop note taking techniques and ensure that they show you their notes each week. On the other hand, students with low visual **and** auditory preferences **MUST** take notes to absorb the information covered in school and tutoring sessions.

Student	Visual	Auditory	Read/Write	Kinesthetic	Tutor	Location
	10%	52%	24%	14%		Lafayette
What does this tell me about my student's (or my learning style)?	<u>FOR TUTOR</u> How did I adapt my tutoring session to my student's preferences?			<u>FOR STUDENT</u> How did I adapt to my learning style in school or when I studied at home?		
Information is more easily understood...	Fill in box when you implement the strategy.			Fill in box when you implement the strategy.		
Visual ... (remember & understand visuals - images, charts, diagrams, etc.)	<input type="checkbox"/> draw diagrams on the board <input type="checkbox"/> encourage use of graphic organizers <input type="checkbox"/> change words to images if possible <input type="checkbox"/> redraw notes from memory <input type="checkbox"/> practice turning visuals into words			<input type="checkbox"/> draw diagrams/images <input type="checkbox"/> use graphic organizers <input type="checkbox"/> change words to images if possible <input type="checkbox"/> redraw notes from memory <input type="checkbox"/> practice turning visuals into words <input type="checkbox"/> use color codes to highlight notes		
Auditory ... (remember spoken words - discussions, tutorials, describing material to another person)	<input type="checkbox"/> role reversal - student teaches the tutor <input type="checkbox"/> read and speak out loud non-stop! <input type="checkbox"/> tell a story or joke related to the material <input type="checkbox"/> use songs or jingles to help students remember key information <input type="checkbox"/> encourage students to join Shadow Classes			<input type="checkbox"/> read notes out loud <input type="checkbox"/> speak aloud while solving problems <input type="checkbox"/> read out loud whenever you're reading books at home <input type="checkbox"/> record audio on smart phone and listen to it <input type="checkbox"/> sit close to teacher in class <input type="checkbox"/> ask lots of questions		
Read/Write... (reading and especially writing are involved in the learning process – taking notes, making flashcards)	<input type="checkbox"/> IS HE/SHE TAKING NOTES IN CLASS & HERE? <input type="checkbox"/> read notes silently <input type="checkbox"/> make lists, flashcards <input type="checkbox"/> organize diagrams, charts, etc. into words <input type="checkbox"/> make sure he/she writes everything down			<input type="checkbox"/> take copious notes in class <input type="checkbox"/> rewrite notes at home <input type="checkbox"/> read notes silently <input type="checkbox"/> make lists, flashcards <input type="checkbox"/> convert diagrams, charts, etc. into words		
Kinesthetic ... (prefer to move around or use their hands; actively "participating" in the learning process)	<input type="checkbox"/> insert real life examples into notes, be as descriptive as possible <input type="checkbox"/> draw pictures, build diagrams <input type="checkbox"/> act out diagrams (e.g. chemical reactions) <input type="checkbox"/> move around while listening <input type="checkbox"/> eat popcorn or chew gum <input type="checkbox"/> frequent breaks			<input type="checkbox"/> draw pictures, build diagrams <input type="checkbox"/> act out diagrams (e.g. chemical reactions) <input type="checkbox"/> move around while studying <input type="checkbox"/> eat popcorn or chew gum <input type="checkbox"/> frequent breaks		